

# 18<sup>th</sup> EPSA Summer University

## Poland 2016



# 1. Reception Committee

Summer University Poland 2016



Ass. Prof. Arkadiusz Surażyński  
Medical University of Białystok  
Representative



Adam Kazberuk  
Chairperson



Przemysław Czajkowski  
Vice-Chairperson  
Logistic Officer



Ernest Szubert  
Educational Programme  
Officer



Damian Rerych  
Registration Officer



Sebastian Płatkowski  
PR Manager



Paulina Pyzik  
Treasurer



Anna Sójka  
Marketing and Promotion  
Manager



Tomasz Nawrocki  
Sponsorship Coordinator



Jakub Dereń  
IT Coordinator



Paula Kupidłowska  
Social Events Coordinator

## 2. Motivation letter

MŁODA FARMACJA



Białystok 25 XI 2015

### MOTIVATION LETTER

Dear Executive Committee and Representatives,

Since the open call for organizing 18<sup>th</sup> EPSA Summer University has appeared as public information, I would like to present our outsized interest to prepare the best EPSA Summer University ever. Year after year all of our association members gain knowledge and experience to provide amazing skill and make this unforgettable event “mature” in their 18<sup>th</sup> anniversary.

We strongly believe that the most important part of every event are people. That is why our reception committee consists of great and responsible people who hardly worked in the executives at the both - local and national levels and now they strongly want to share experience for this glorious opportunity. All of our abilities make us confident that we are fully prepared to welcome all of pharmacy students from Europe in our Polish, hospitable “home”. We offer for upcoming Summer University to take place in Białystok city, which is capital city of voivodeship Podlasie. In this beautiful city lives about 400 000 people and lot of them are students who decided to spend priceless time of their life exactly here. Beauty of Poland and the city of Białystok, our prestigious Medical University, restaurants and clubs make us sure that all of the participants can feel spirit of worthy students life. Especially the social events will give us possibility to learn about European heritage and discover unique Polish culture and tradition.

We are sure we would be successful in this amazing event considering all the requirements and expectations from the EPSA. Furthermore, we feel the magnitude of this challenge which gives us a lot of motivation to do our best for all of the guests.

If you would like further details or clarifications of our experience and preparations, we would be more than happy to supply you with more information. This is a big chance for both of us. We are ready for you Dear EPSA and are you ready for us ?!

Best regards,  
On behalf of Reception Committee



MŁODA FARMACJA  
Zespół Sekcji Studenckich  
Polskiego Towarzystwa Farmaceutycznego  
[www.mf.edu.pl](http://www.mf.edu.pl)

# 3. Description of Young Pharmacy Poland

Warsaw, 26<sup>th</sup> November 2016



## European Pharmaceutical Students' Association

### Executive Committee

Dear Executive Committee and Representatives,

Young Pharmacy Poland is a Students' Section of Polish Pharmaceutical Society. This year we celebrate the 15<sup>th</sup> anniversary of our foundation. We are divided into 10 local associations in 10 biggest cities of Poland: Białystok, Bydgoszcz, Gdańsk, Kraków, Lublin, Łódź, Poznań, Sosnowiec, Warszawa, Wrocław. We have almost 900 active members which means we are the biggest pharmaceutical association in Poland.

YP Poland is a voice of pharmacy students. We are involved in many fields and have a lot of partners such as chamber of pharmacy, pharmaceutical scientific associations, academic associations and others students' sections. We provide activities for the academic and professional growth of our students, encourage pharmacy students to become more knowledgeable and involved in what the pharmacy profession stands for, maintain and expand educational programs related to pharmacy. Despite the professional side we want our students to take part in international events, travel, meet pharmacists from different countries with different cultural and educational background and experience.

Our students organize public health campaigns, debates, competitions, charity events, conferences, soft skills events and many others. We are very experience in organizing scientific symposiums – every year we have 4 big students' conferences. One of the most important project we have is “Ask your pharmacist...” which is focused on patients consulting in hypertension and diabetes. At the same time in 10 cities in Poland we provide pharmaceutical care to thousands of patients and show that pharmacists are experts. Now we are aiming to do something bigger, on international level that is why we are applying for EPSA Summer University in July 2016.

National and local Executive Committees are in a very strong relation which makes us a big family with strong desire to learn, share knowledge and be active. As we believe, we are on “wave” which drives us to organizing wonderful EPSA Summer University in region of Podlasie – beautiful place of lakes, forests and amazing sunsets where time stops.

On behalf of Members of Young Pharmacy Poland

**MŁODA FARMACJA**  
Zespół Sekcji Studenckich  
Polskiego Towarzystwa  
Farmaceutycznego

Ernest Szubert

President of Students' Section

Polish Pharmaceutical Association

Young Pharmacy Poland



## 4. Dean support letter



**MEDICAL UNIVERSITY OF BIALYSTOK**  
**FACULTY OF PHARMACY**  
**WITH THE DIVISION OF LABORATORY MEDICINE**

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e-mail: [dziekfar@umb.edu.pl](mailto:dziekfar@umb.edu.pl) [www.umb.edu.pl/en/wf](http://www.umb.edu.pl/en/wf)

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Białystok, 26th November 2015

**EPSA SU – European Pharmaceutical Students' Association Summer University**

Dear Executive Committee of EPSA,

The students organization at the Faculty of Pharmacy, Medical University of Białystok is applying to organize the 18<sup>th</sup> EPSA Summer University in August 2016 in Białystok.

As a Dean of the Faculty of Pharmacy, Medical University of Białystok I would like to express my full support for this application and, in case it is successful, for the organization of the congress.

I appreciate past and present activity and achievements of our student organization called "Young Pharmacy" Up to date they organized several conferences, implemented their goals, both educational and scientific, as well as social, cultural and professional initiatives.

As far as international activities are concerned, our students organization is presented in various organizing committees and in the management of International Students' Organizations EPSA. In recent years, members of the Young Pharmacy participated in regular events organized by EPSA and IPSF. They are also members of the main board of EPSA i.e. EPSA Executive Committee. Thanks to the wonderful contacts between members of this organization and a great experience of our students in organization of such events, I am deeply convinced that the organization of EPSA Summer University 2016 will be successful.

Yours sincerely,

Dean of the Faculty of Pharmacy with the Division of Laboratory Medicine  
Head of Department of Inorganic and Analytical Chemistry

Professor Elżbieta Skrzydlewska



# 5. Białystok

Summer University Poland 2016

Białystok, with a population of almost 400 000, is a city located in north-eastern Poland. Our city is serving the function of the capital of Podlaskie province. It is the administrative, economic, and academic centre of the region which, due to its exceptional environmental assets, has been termed the Green Lungs of Poland.

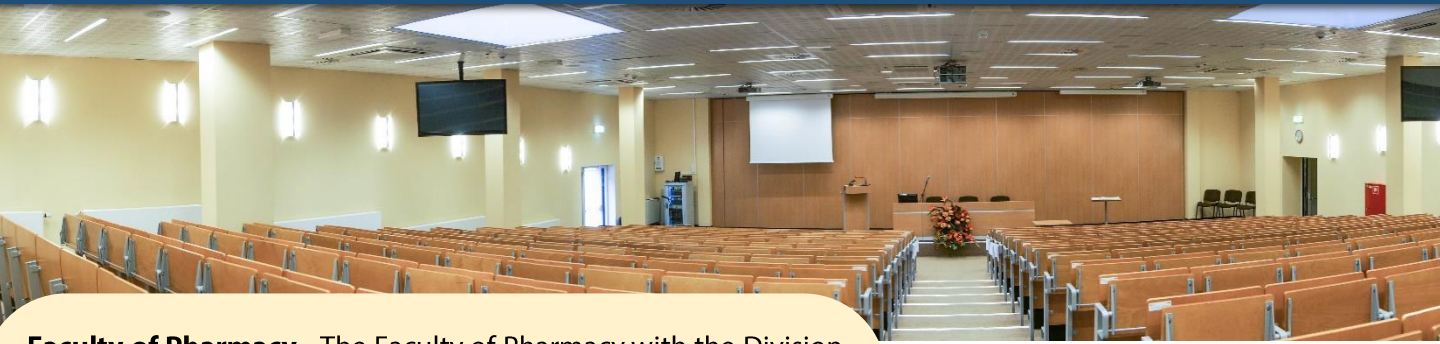


The history of the city dates back to 1320. In 1691 Białystok received city rights from a Polish king Jan Sobieski III. The town was shaped by Jan Klemens Branicki, who developed it and built a splendid residence here. Białystok is a provincial capital and the largest city in the north-eastern region of Poland. Białystok is an important communication centre and owing to its close to border location, a gate to the East. At the end of the 19th century the city was inhabited by Poles, Russians, Byelorussians, Jews and Germans. This inspired doctor Ludwik Zamenhof, who was born in Białystok, to create an international artificial language Esperanto.



# 6. Faculty of Pharmacy

## Summer University Poland 2016



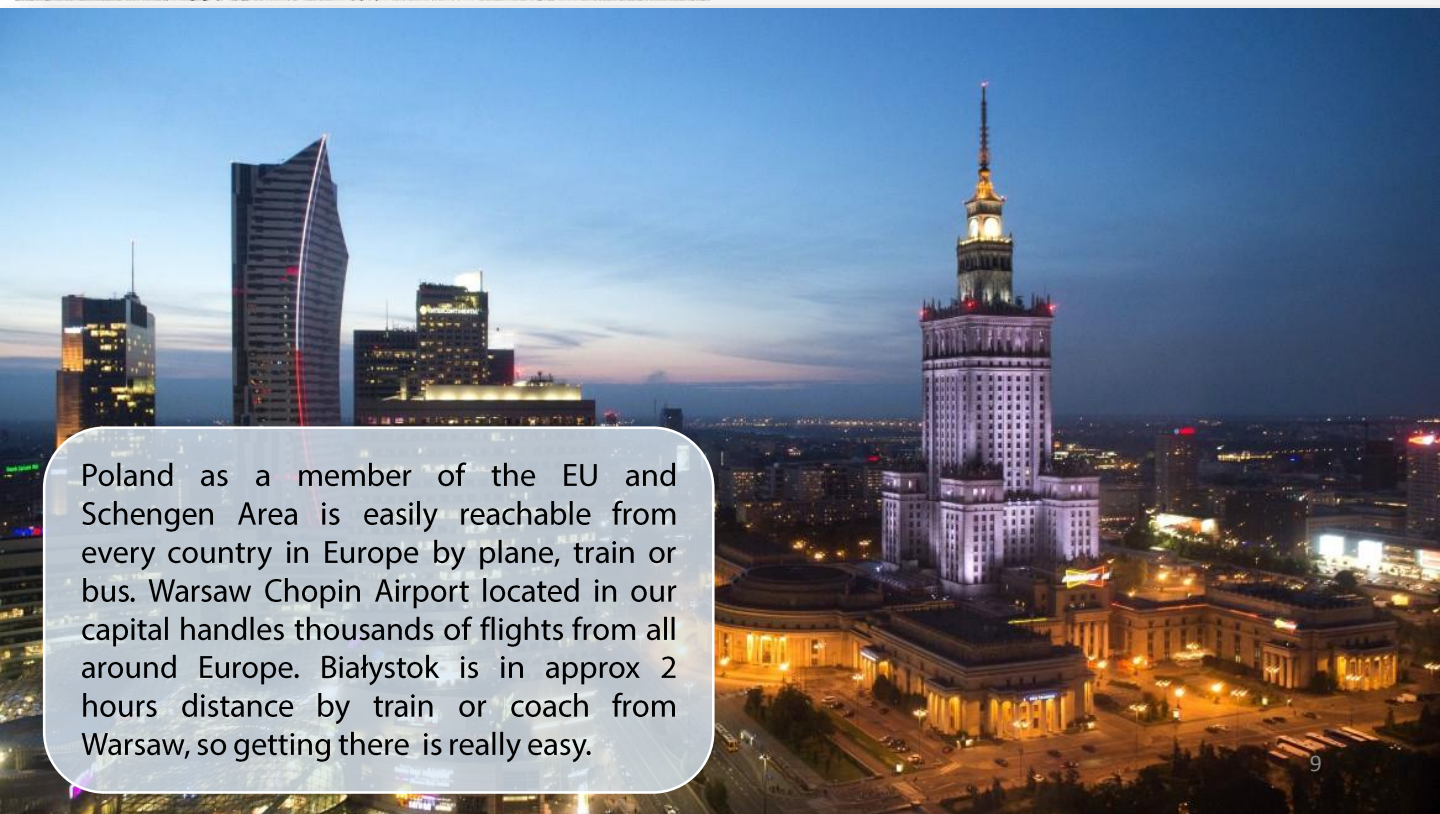
**Faculty of Pharmacy** - The Faculty of Pharmacy with the Division of Medical Analytics was established as part of Medical Academy of Białystok on 1 July 1977 by the decision of the Ministry of Health and Social Welfare. In the year 2001 the name was changed to The Faculty of Pharmacy with the Division of Laboratory Medicine.

Currently, the Faculty comprises 29 organizational units, divided into 24 departments and 5 independent laboratories, with over 120 academic teachers. Actually is the highest ranked Pharmaceutical Faculty in Poland, certified as "Leading National Research Center", placed in brand-new (build in 2010) extra equipped building of "Euroregional Pharmacy Center".



# 7. How to get to Białystok

Summer University Poland 2016



Poland as a member of the EU and Schengen Area is easily reachable from every country in Europe by plane, train or bus. Warsaw Chopin Airport located in our capital handles thousands of flights from all around Europe. Białystok is in approx 2 hours distance by train or coach from Warsaw, so getting there is really easy.

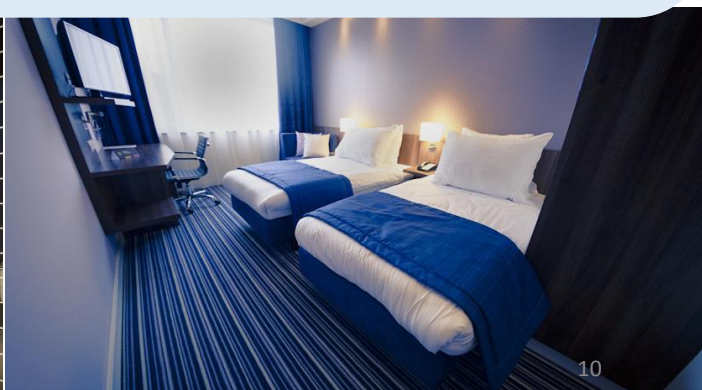


## 8. Accommodation

Summer University Poland 2016



Participants will be accommodated in “Ibis Styles” hotel which is brand new and will be open in March 2016. This comfortable place can easily provide high standard, marked as a 3 ★★★ which means that breakfasts, air-conditioned double rooms, free access to Wi-Fi internet, private bathroom and toilet, TV and room service are available. Hotel is placed in the city center and it takes about 5 min by walk to reach the Faculty of Pharmacy. What makes this place more attractive is the fact that this Hotel is directly connected with a shopping mall where you can find a lot of shops and restaurants.



## 9. Programme for Summer University Poland 2016

DAY/TIME	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00-03:00
2 VIII 2016	ARRIVALS												DINNER	OPENING CEREMONY, INTEGRATION AFTERPARTY
3 VIII 2016	BREAKFAST	WORKSHOPS				LUNCH	BRANICKI PALACE AND UMB EXCURSION			DINNER	CLUB NIGHT			
4 VIII 2016	BREAKFAST	WORKSHOPS				LUNCH	BIAŁYSTOK SIGHTSEEING, TREASUREHUNT			DINNER	POLISH NIGHT			
5 VIII 2016	BREAKFAST	BIAŁOWIEZA NATIONAL PARK EXPLORING				LUNCH	BIAŁOWIEZA NATIONAL PARK EXPLORING			DINNER	FREE CLUBING NIGHT			
6 VIII 2016	BREAKFAST	WORKSHOPS				LUNCH	PUBLIC HEALTH CAMPAIN			DINNER	INTERNATIONAL NIGHT			
7 VIII 2016	BREAKFAST	WORKSHOPS				LUNCH	FREE TIME			DINNER	GALA PARTY			
8 VIII 2016	DEPARTURES													
DAY/TIME	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00-03:00



# A. Opening Ceremony

## Summer University Poland 2016



### **Branicki Palace in Białystok**

is one of the most beautiful baroque mansions in this part of Europe. Patronage of Jan Klemens Branicki in the eighteenth century led to naming the Białystok palace the "**Polish Versailles**".

The heritage of Jan Klemens Branicki is continued by the Medical University of Białystok, which is the owner of the residence since 1950 and use it as the headquarters.

## B. Integration Party

Summer University Poland 2016



**Herkulesy** – “Klub Herkulesy” is the unique disco-club placed at the campus of Medical University of Białystok. Only here, you can find nice music and drinks which can make your party wild and priceless.

klub  
**herkulesy**



# C. Club Night

## Summer University Poland 2016



**Rockoco Club** – If you are looking for exclusive place and great adventure you should visit Rockoco Club. This one of the best disco-club in Białystok is highly recommended to spend amazing night with your friends!



# D. Polish Night

Summer University Poland 2016



**Folwark Nadawki** - Folwark Nadawki is the place promoting regional traditions and culture, a place where you can meet old Polish custom, while to relax away from civilization. Here you can enjoy traditional dishes and drinks from Podlasie with unusual taste and fall in love with our feasting habits.



## E. Free Clubbing

Summer University Poland 2016

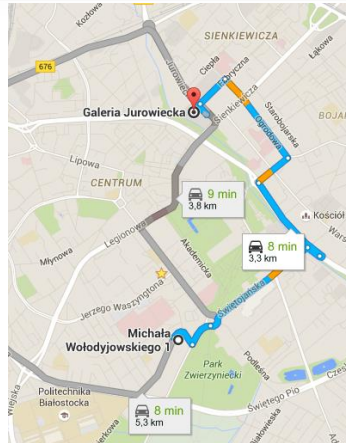


Friday as a beginning of the weekend makes Polish people crazy about partying. Streets in the heart of Białystok, where you can find lots of different style clubs, will let you feel the spirit of summer nightlife.

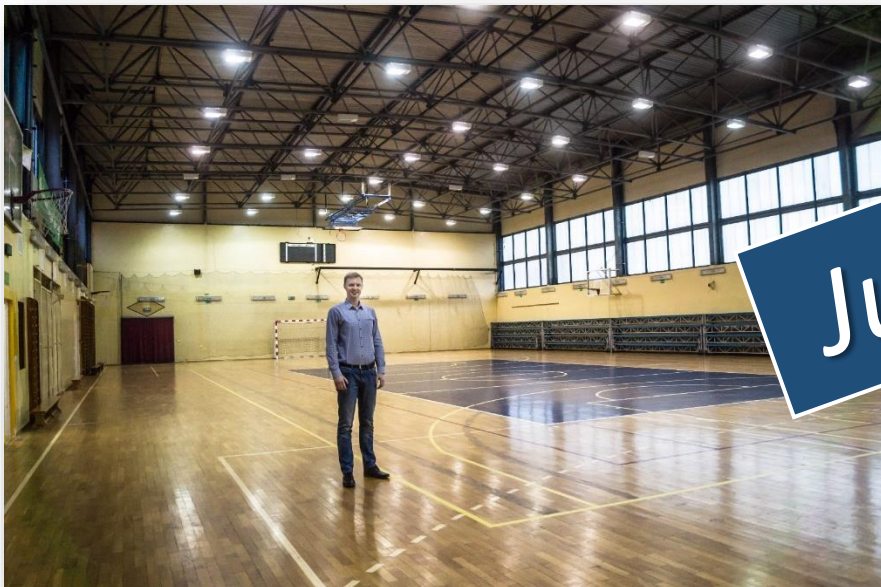


# F. International Night

Summer University Poland 2016



**Hala UMB** – At this big sports hall (approx. size 20x40m) usually students of Medical University of Białystok gain experience in different sports. But what's better than "globetrotting exercises" during the International Night ?!



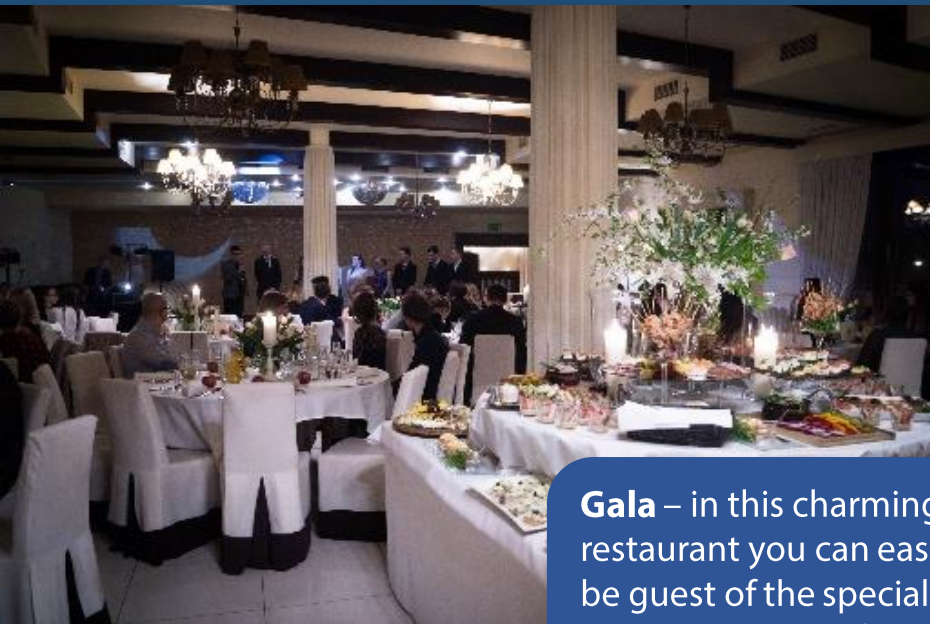
Just do it!





# G. Gala Night

Summer University Poland 2016



**Gala** – in this charming and adorable restaurant you can easily find what it means to be guest of the special dinner. Delicious food, great aura and unforgettable party is only small part of our surprise...

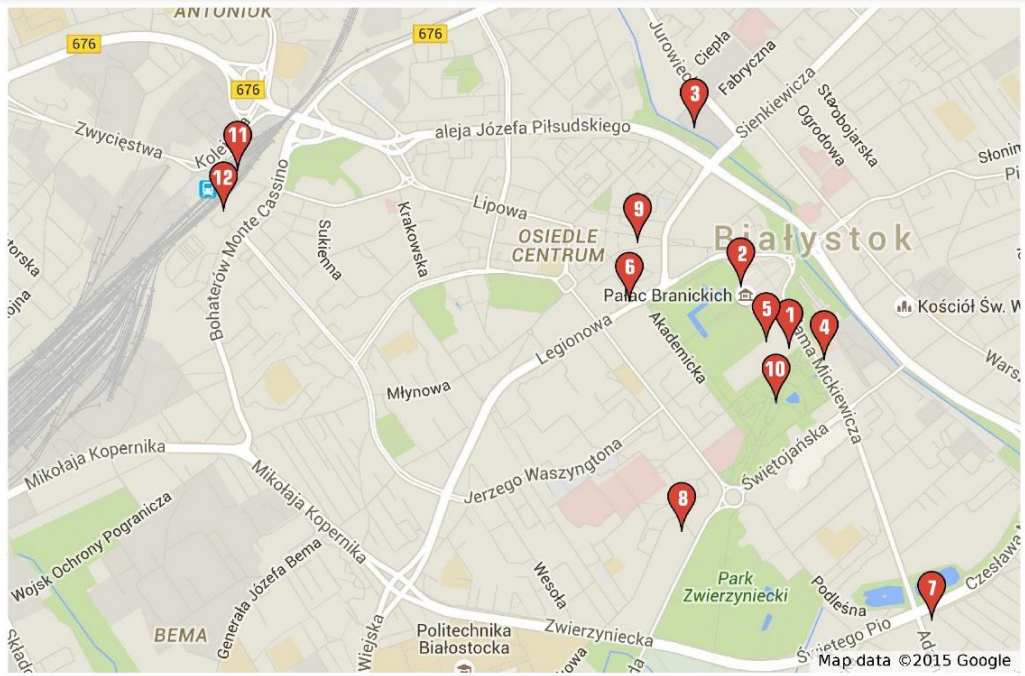




**Białowieża National Park** is a great place to fall in love with wild nature. The National Park is situated in the north-east part of Poland, in Podlaskie voivodeship and it covers the central part of Białowieża Forest. What makes it special is fact that this's the only Polish natural property designated by UNESCO as a World Heritage site which give us unique opportunity to observe the natural processes, unseen anywhere else biodiversity, rare species of fauna and flora, the largest free herd of bison in the world - are attraction not only for amateur nature lovers, but also advanced naturalists.<sup>19</sup>

# 10. Białystok Summer University Map Poland 2016

1. Faculty of Pharmacy
2. Branicki Palace
3. Hotel Ibis Styles
4. "Na Prawo" Bar
5. "Herkulesy" Club
6. "Rockoco" Club
7. "Trzy Po Trzy" Restaurant
8. Sports Hall
9. City Market
10. Planty Park
11. Train station
12. Bus station



Most of the logistics points are placed close to each other which makes them available to reach by the resting walk.

For example:

- From train station to Hotel approx. 8 min by city BUS
- From hotel to Faculty of Pharmacy approx. 5 min by walk
- From Faculty of Pharmacy to city market approx. 5 min by walk



# 11. About food

Summer University Poland 2016



The most important source of energy is food- that's why we chose canteen "Bar Na Prawo" which is placed at the Faculty of Law ( 3 min by walk from Faculty of Pharmacy). At this bar we will give you delicious lunches and dinners prepared especially for you. You won't be hungry nevermore! Meals include soup, main dish, drinks, tee or coffee and sweets. Optionally beer or other drinks are available to buy in the bar. In case of warm and sunny days is possible to eat lunch or dinner outside in the garden.



# 12. Transport and logistics

Summer University Poland 2016



To make transport comfortable we are eager to provide city buses and coaches equipped with air-condition and free WiFi. If you want to catch a taxi, only few euros in your pocket will be more than enough to take a ride to place where you need. For the big fans of cycling our city offers "bikers" which is an impressive international network of public bicycle rental systems.

